



BEDFORD BRANCH

Tittle Tattle Issue 2 - 2026

CHAIRMANS CHAT

Welcome Ladies to the second Tittle Tattle 2026

How does it seem possible we have already reached July, and are enjoying some amazing weather, and hopefully we will be having more of the same during the holiday times but with some rain at times as the gardens and farmers need it.

What a lovely year Bosom Pals have had so far we have had some interesting speakers, found out that Bedfordshire has been home to some famous people over the years. We had a lovely lady who realised she could write some funny poems during the covid year and is still writing them. How, we had a lot of laughter listening to them. We had a very informative talk on Victoria Wood which had us in fits of laughter remembering the funny programs she wrote and acted in,

June was our charity night, a lovely light warm evening and much enjoyed by all who attended and friends that they brought with them, it was a shame that some members were unable to come ,but June does seem to be a better night than the dark October one.

Brenda had booked trips to Suzanne Charles and Roxton garden centre, where all that went enjoyed a spending spree and a lunch, she had also organised a lunch at The Red Lion in Elstow. Very much enjoyed by all.

In June some of the committee went to Wixams retirement home to promote Bosom Pals along side lots of other stalls; for their open morning.

Our coffee meet ups at Gallones are doing well and it is nice to meet members who are unable to come to our evening meetings, so if you do get a chance pop along on one of them as the committee member sitting there loves to see you

I hope you all enjoy your summer and holidays, also all our next meetings and of course our crazy bag whist night where as you all know there will be cake .

Our meetings then of course lead up to our great Christmas social, I cannot believe I am mentioning that when it's a lovely summer day and so much to look forward to In between,

I will not be joining you again after our July meeting as I am off to New Zealand for three months to see family and play Nanny to my new Grandson.

So have a lovely summer everyone, enjoy Bosom Pals and I will see you all in November'

Love to all

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BREAST CARE NURSES

Below are the direct numbers to enable a member to speak or leave a message for one of the breast care nurses.

If you leave a message please ensure you clearly leave your name and telephone number so that they can return your call.

Direct line for the office 01234 792057

Bleeps 01234 355122 ask operator to bleep 112/402

Email bhn-tr.bedfordbreastcarenurses@nhs.net



Look Good...Feel Better.

Bosom Pals arranges transport for our members to go to "Look Good...Feel Better" (LGFB) workshops at Luton & Dunstable Hospital. The LGFB programme is a great way for cancer patients to get back to the person they were—and be happy with the person they are now. During the workshop you meet women, of all ages, in similar situations, share your "war stories" and have fun trying new make-up looks. You can try colours and products you wouldn't normally use. Professional beauty therapists are on hand for advice on how to draw eyebrows and help arrange wigs. It is a very inspiring and positive workshop. If you haven't attended a workshop and would like to please contact our organiser Di Gonse or just let one of the Committee know.

There are over 4,100 stores from which to shop online and they give different percentages but all the small amounts added together help. There are also gift cards from a wide range of stores so when you are stuck for a present for a friend or family member, take a look at the site and see if there is something suitable for the recipient.

The price you pay for your goods is exactly the same as if you have ordered direct or gone into the actual store. The percentage received varies from store to store but pennies here and pounds there soon add up with no effort needed from you to raise the money for Bosom Pals.

It is very easy to register your details and select Bosom Pals Bedford as your chosen charity so please consider using the Give as you Live site when shopping online.



In Loving Memory of

Gloria Ann Shingler

29th May 1942 - 13th December 2025



Friday 16th January 2026
at 10.45 am
Bedford Crematorium

Gloria was born in Bristol on 29 May 1942, where she later met Tony. They married in 1962 and, some years later, welcomed Nev and Adie. Because Tony served in the RAF, the family moved around the UK, living for periods in London and East Anglia. Gloria also spent nearly a year in Portugal with the boys while Tony was deployed in the Indian Ocean. In the early 1970s, Tony was posted to Cyprus for more than two years, and Gloria and the boys were able to join him there. As the family grew, they were delighted to welcome two grandchildren, Luke and Jessica. Gloria was immensely proud of her family and all they achieved, especially her grandchildren—Luke, who became an engineer, and Jessica, who followed in Gloria's footsteps as a physiotherapist.

I have many fond memories of Gloria, from when we first met in 1995 through to the present day. She was Bedford Hospital's first Specialist Breast Care Nurse, visiting patients at home after surgery and supporting them with arm exercises, treatment, and the emotional impact of a cancer diagnosis.

Nothing was ever too much trouble for her, and she often worked late into the evening.

She played a key role in establishing Bosom Pals and was always finding ways to raise funds and reduce costs for the group. She also arranged for Bosom Pals to hold its monthly meetings in the Primrose Unit free of charge. Gloria remained a dedicated supporter of Bosom Pals and became a close friend to us all. She and her husband, Tony, generously welcomed Bosom Pals members, their husbands, and friends to their home and beautiful garden for summer barbecues on several occasions. Gloria attended as many Bosom Pals social events as she could, right up to the summer get-together in Mowsbury Park in 2025.





When Gloria turned 60 and became eligible for her pension, she treated herself to a small blue Mazda MX-5. She loved taking it out in fine weather with the roof down and the wind in her hair.

After retiring, Gloria remained deeply committed to supporting women with breast cancer and volunteered with Casting for Recovery, an international organisation that provides free fly-fishing retreats for women undergoing treatment or recovering from the disease. These weekends brought women together in beautiful settings near rivers or lakes, where they could enjoy the therapeutic benefits of fly-fishing and time in nature. Gloria served as the mental health and wellness professional, offering one-to-one support throughout each retreat from Friday afternoon to Sunday afternoon. In this role, she travelled across the UK and even visited America to meet the organisation's US team.

Gloria was greatly respected by her colleagues, Bosom Pals members, and the Casting for Recovery team. She consistently went above and beyond and showed genuine care for her patients and everyone she met.

She will be deeply missed by us all.

I feel very honoured to have known Gloria and to have shared her close friendship for more than 30 years. I miss her "hallo Darling" phone calls, the support she gave me in difficult times, and the many long conversations we had over the years, putting the world to rights. She was a true friend and will always remain in my heart.

Jean Davies

SHEILA MARGARET RYAN

24TH APRIL 1943 TO 22ND FEBRUARY 2026

We also said goodbye to Sheila who had been a member of Bosom Pals since June 2009. She had been diagnosed with breast cancer and received her treatment when living in London and moved to the Bedford area to be near her Son.

Sheila and her husband Dave had supported Bosom Pals at meetings and events.

Two of her close friends are Catherine Long and Mary Frost. Catherine had first met Sheila at a BP outing to Gunns Bakery and remained friends ever since. Mary joined later and became good friends with both of them. They both remember that Sheila always won a prize on the raffle. They all have a great sense of humour including having their photo taken on Father Christmas knee at the Christmas social evening. They said that Sheila was a good friend and support to them and they enjoyed each others company. They even had spell in the kitchen helping out with the tea/coffee at the BP meetings which was very much appreciated.

They both agree that Sheila enjoyed coming to Bosom Pals although she preferred the speakers to playing games.

Thank you to Catherine and Mary for your memories. Sheila will be missed by us all.

The Proof of the Pudding

If anyone asked you where Sticky Toffee Pudding (STP) originated from, would you know? It has crept onto dessert menus and supermarket shelves, along with other old favourites like chocolate pudding, syrup sponge and spotted dick. I remember my mother steaming those 3 in muslin-covered bowls tied with string, but not STP. So when did it arrive on these shores?

Cumbria stakes the most claims, starting in the 17th and 18th centuries when huge quantities of dates and sugar were imported or smuggled into the port of Whitehaven, these being the 2 characteristics of STP. Bit of a long shot I thought!

More recently, in 1948, Francis Coulson opened Sharrow Bay Country House Hotel and by 1970 had included STP on the menu, said to have been inspired by a recipe shared by a Canadian friend. Another version claims that Coulson's partner, Brian Sack, when he was in the RAF, met 2 Canadian pilots who had a recipe made with maple syrup, which was then adapted.

Ullswater has a different story involving a landlady who asserted that she had given an STP recipe to Coulson which may have originated from a Canadian pudding called "Brown Betty" and which contained dates and a rich toffee sauce.

However, Cartmel is widely acknowledged to be "The Home Of Sticky Toffee Pudding." Although it was not invented there, it was perfected and baked in the back kitchen behind the village store and the Cartmel STP Company was founded in 1984. Since then they have sold over 10 million puddings. The proof!

Outside of Cumbria, in Lancashire, a war time landlady claimed she was given the recipe by Canadian pilots before it made its way to Ullswater.

In Yorkshire, STP is said to have been served at the Gait Inn, Millington, as early as 1907! And a chef at the Udney Arms Hotel in Aberdeenshire, in 1970, created his own version of STP and its popularity spread throughout Scotland.

However we came by it, STP is now a firm favourite in the UK and has travelled (back?) to Canada, and to Australia, New Zealand and the USA. Despite the ongoing arguments with my Canadian friends about its origins (and they have a case up to a point!) for me it will always be the Cartmel Village Store in Cumbria that gets my vote. Without a doubt, they make the best, melt-in-your-mouth, delicious STP's ever and I should know, I have sampled them many times!

Imagine my delight when they began selling warmed, individual portions with a dollop of ice-cream in a take-out box so I didn't even have to wait to get it home! I can sit on the steps of the 16th century market cross, near the 12th century Augustinian Priory, and enjoy a little piece of heaven.

Lakeland STP

Recipe Pudding Ingredients

225g/8oz plain flour

110/4oz butter

110/4oz dark soft brown sugar

225/80z finely chopped dates

2 eggs

1 tsp bicarb soda

1 tsp vanilla essence

1 tbsp golden syrup

240ml/9fl oz single cream

Topping

Put 85g/3oz butter, 140g/5oz dark soft brown sugar and 3 tbsp/45ml cream in a pan.

Bring to the boil and simmer for 3 minutes.

Pour over top of hot pudding, and grill until bubbling and browned.

My friend who lives near Cartmel sent this recipe printed on a 20 year old postcard. She assures me it does work!

Dí Gorse



SUNDAY 29TH MARCH 2026

Brenda, Pauline and Denise had accepted an invitation on behalf of Bosom Pals to go along to the Guru Nanak Gurdwara Temple to have a stall about our organisation.

Well sounds easy, as long as you know which temple you are going to which unfortunately Brenda did not. So she had directed Denise to the one in Ashburnham road. After confusing members there and a phone to call to Pauline who had told us she was already there we established we were at the wrong Temple. No wonder Brenda didn't do very well at Geography at school!!!

After finally getting there and a false start of room to set up due to so many people wanting to attend we were able to find a table and set up. The session was mainly about prevention and not where to go if you are diagnosed. There were lots of Doctors there taking blood pressures etc. We did have a few enquiries and chatted to quite a few people. It was an interesting event and we learnt a lot about other topics but we did not gain any new members from it.

We have tried several events since being discussed at last year's AGM about trying to promote ourselves. This has included an event at Wixams Retirement Village of which Brenda, Denise and Margaret will be attending again on the 25th June.

The Transfiguration Church in Kempston also held a fete and we had been asked to attend which we did last year and again we do not gain any new members.

We will see what else we are asked to attend and will always do so if possible.

WHY NOT BRING A FRIEND(S) TO A MEETING

As suggested and agreed at the 2024 AGM members could bring a female friend or friends to meetings apart from the AGM or specified.

This proved very successful and will therefore continue this year.

There is a charge of £4 per guest.

Can we please remind everyone to turn off their phone at the meeting. It is both distracting and not fair for the speakers to be interrupted.

If you are waiting for an important call then please put on vibrate and keep the phone in your hand so you get the message. Thank you for your co-operation.

Just another reminder it would be much appreciated if you could bring the correct money to the meeting for both entry fee and raffle tickets if you wish to purchase them.

Please don't forget to bring your own mug to the meeting .

MARGARETS TRIP TO AUSTRALIA AND NEW ZEALAND 2026

Well my journey started on March 18th with an overnight stay in Gatwick. Up early, caught the flight and slept most of the way to Singapore. Beautiful clean airport. Then got the connecting flight and arrived in Adelaide at 5.18pm. Alison my Daughter and her husband Ed were waiting for me. Had 3 weeks of relaxing.

We left Adelaide on Monday April 12th on what was an eventful flight. Our connecting flight from Auckland to Queenstown had been cancelled but had not bothered to rebook one and never informed Alison. This had been booked in December 2025.

I then fell over in the airport in Auckland; Luckily I didn't break anything or it would have ruined the whole trip. Eventually arrived in Christchurch two hours later than planned.



Next day had a trip around the city on a lovely old tram. We visited the botanical gardens and a war memorial.

On the Wednesday we were up early as the minibus picked us up to travel to Arthurs pass. Driver kept stopping to admire the views and amazing scenery. We stopped at Springfield where we had a thrilling trip in a jet ski boat. At Arthurs pass we boarded the Alpine train to carry us home.

On Thursday Ali and Ed picked up the loan car and we drove to Lake Tekapo. Beautiful cottage and after dinner we went out to admire the night sky which was so clear.

Friday we went up to Mount John and later down to the hot springs. So relaxing with the different temperatures in each pool.

Saturday we drove to Tia Arru which was a long drive of about 5 hours. The cottage was very old but had been refurbished in keeping with the 1930/1940 style. Right up my street. It was quiet day looking round the shops and museums.

Monday we were up early as we were being picked up for a boat trip on Milford Sound. It was amazing and we were so lucky as it was the first fine day there for 3 weeks. The waterfalls and scenery were beyond words. Very windy on trip back but that is normal on the lake.

Tuesday we drove to Dunedin. More lovely scenery.

Wednesday we drove to Harnick Castle a beautiful old house and gardens. After a cuppa we went to the Albatross Centre. Mighty large birds with huge wingspan. Some had chicks. Later out for dinner and finished the evening with a glass of wine and a game of cards. Lots of laughter.

Thursday we visited the old railway station and then had dinner later at the Cob and Co at the back of it.

Up early on Friday and left Dunedin on the way to Akaroa. Visited the Moeraki boulders and a steam punk museum at Oamaru. Horrific drive after that on a single track road over the mountains. No barriers just the lake way down below. Really hair raising and in the dark as well.

Saturday the house in Akaroa was set in a woodland area with 8 other holiday homes. Beautiful setting with views down to the lake. Attended the Anzac service. I had laid a wreath Alison and I had made. A very moving service in English and Maori. In the afternoon visited Alpaca farm. We fed them. Very funny when you've got about 6 of them all trying to eat out of one bowl.



Monday we drove back to Christchurch. Visited the Antarctic Centre near Airport. They had some beautiful Husky dogs.

Back to Adelaide via Melbourne.

3 weeks left before I go home. Alison and Ed spoilt me rotten with all they had organized.

Sad to leave but planning my next trip there.



SUZANNE CHARLES AND ROXTON GARDEN CENTRE

22ND APRIL

Once again this event was well supported. I think we all love a bit of retail therapy. Not so good on the purse but we all come away with something lovely.

Thank you again to the staff at Suzanne Charles for their kindness of tea/coffee and biscuits upon arrival and all their help and guidance when needed. It is much appreciated.

Don't forget they do a measuring service here which I have taken advantage of. Makes such a difference so would highly recommend.

Yes I did spend money but am so pleased with my purchases as I am sure all of you are.

They also collect bras for us which are also very much appreciated.

We then went on the Roxton Garden Centre for lunch. Wednesday is carvery day although some of you opted to order from the menu. Everything there is so lovely and lots to choose from.

At least I remembered to pay this time!! I had gone there in January with another group and when I got home rang my friend as I thought she had paid. She thought I had. So it turned out neither of us had..... Whoops. I rang them immediately and they were very kind and amused. So my friend and I took another journey out there for coffee and to redeem ourselves by actually paying this time.

Brenda

STOP PRESS – although we usually have a bingo night in January, Stephen chose this date to give his talk as he has one booked in Bedford both the day before and the day after so it fitted in exceedingly well with these commitments

Wednesday 13th January 2027

Guest Speaker:

Stephen Brown, Driving Instructor

***It's Hell on Wheels
being a Driving Instructor!***



Could you pass your Driving Test tomorrow?

Find out how much the driving test has changed since you took your driving test.

What is the 'new' Driving Theory Test all about?

Be amazed at the funny (and risqué) things learner drivers say and the questions they ask.

Ask questions about driving.

A mock driving lesson will be held at the end of the talk.

Education ~ Information ~ Entertainment.

Stephen Brown has been a Driving Instructor for over 40 years and is still alive!

Hope you can attend, perhaps with a guest or two

RECYCLING PAGE



BOSOM PALS are always grateful to receive raffle prizes so if you have anything suitable then please either save it until we can meet, deliver to a committee member or email Brenda to arrange collection if you are local to Bedford. Thank you.

Good condition bras

please change of place they are now sent to

Bosom Pals are collecting used bras of all sizes & colours at our monthly meetings and coffee meet-ups.

We have been informed that the people we gave the bras to who sent them to Africa, no longer want them.

These will now be taken to a bra bank at Eliose shop in Furzton, Milton Keynes. They will go towards funding new treatments against breast cancer.

GOOD CONDITION PROTHESIS

Eliose are also collecting these which will be sent to India for ladies who do not have access to silicone breast forms.

Both are worthwhile causes so please if you have a sort out remember us!!!

Gallone's now have a bra bank but the money raised is not for breast cancer research so please give the bras to us. Thank you

Shop online and raise money for BOSOM PALS BEDFORD BRANCH

VISIT OUR WEBSITE

**"BOSOM PALS BEDFORD" AND CLICK
ON THE LINK AND FOLLOW THE
INSTRUCTIONS**

BLISTER PACKS

You can either bring them to a meeting, coffee meet-up or take them to Superdrug in Allhallows in Bedford.

Boots are now collecting them in a box near the pharmacy but you can only post a few at a time.

Thank you to all those who are taking part in this.

It is very much appreciated.

USED STAMPS

If you have any used postage stamps you don't want then please save them until we can either have them at our monthly meetings or coffee meet-ups but please keep them separate from the blister packs.

If you have time to trim excess paper, leaving approx. 0.75cm around the stamps that would be appreciated.

If you have a lot and you live locally to Bedford let me know and I will collect them from you on the way home from work. Just email me brendahart628@gmail.com

Please note we are now collecting them for

CLIC Sargent, the children's cancer charity

**HM LORD-LIEUTENANT OF BEDFORDSHIRE
SERVICE OF THANKSGIVING
SUNDAY 17TH MAY 2026 AT 1500
ST PAUL'S CHURCH
BEDFORD**

Bosom Pals was represented at this service by Denise and Margaret, pictured on the right.

Although a very cold day the service was lovely and well supported by other organisations and members of the public.



CHARITY COFFEE EVENING

WEDNESDAY 10TH JUNE

IN AID OF

PRIMROSE UNIT REFURBISHMENT OF WAITING AREA

Thank you to everyone who came and supported this event.

To all those who also helped out on the night with everything. We do appreciate it. Without your help we would not be able to do this event.

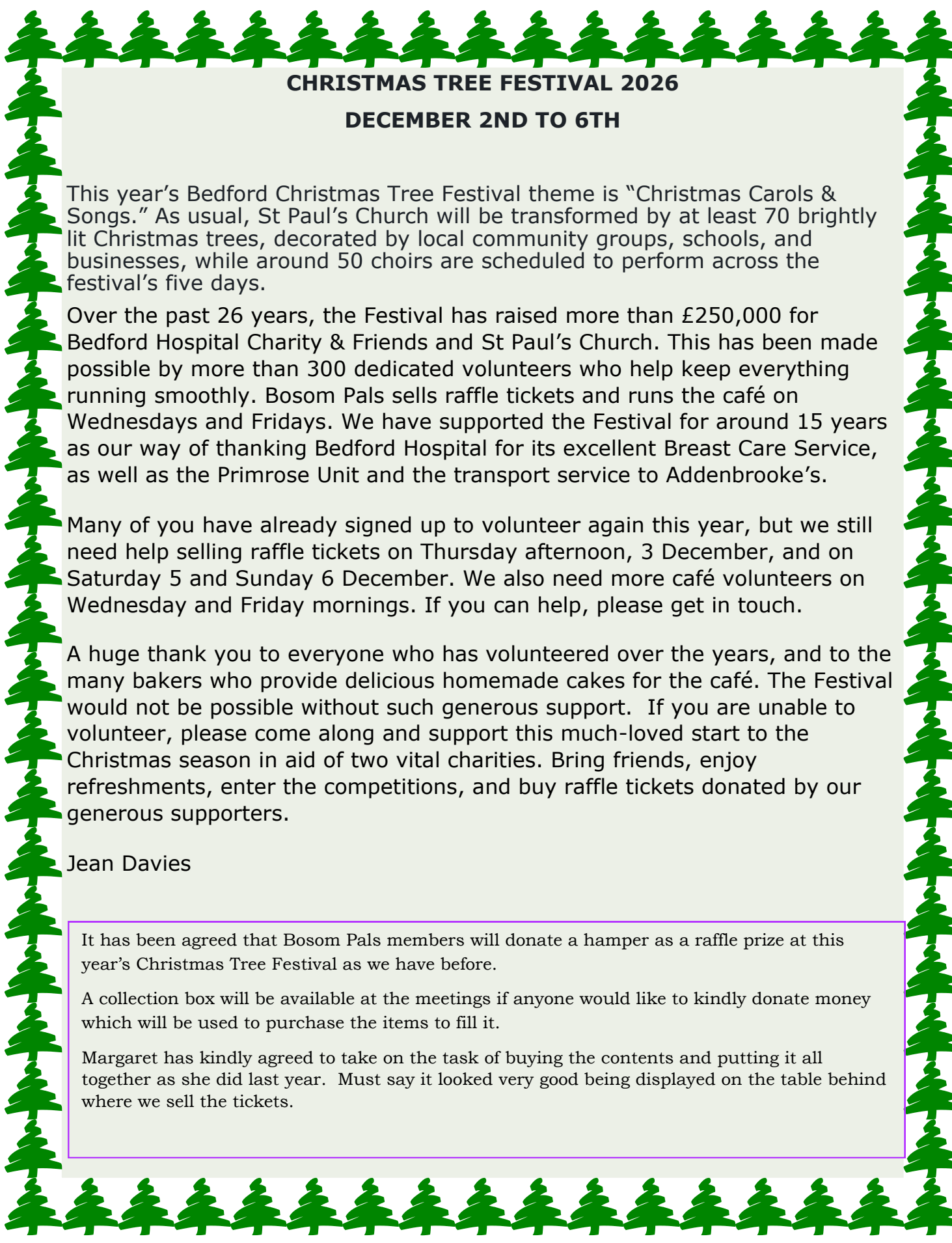
In the end we actually raised **£401.28** which will be given to the Primrose Unit to help towards the cost of the refurbishment of the waiting area.

We didn't have a book stall this year but it will be back next year by popular demand.

We did have the usual jigsaw tombola which always goes down well. This year we had a craft stall as well as a "pick a booby and win a prize stall" which we haven't done before. Rosemary—who helps out in the kitchen at the meetings—had kindly knitted 50 little boobies and under each one was either a sweet or a raffle ticket so you could win a prize, but everyone won something. This proved quite popular so we may do it again.

We also had how many stones in the jar and win a lovely plant. This was won by Carol Heard who rightly guessed the closest number of how many stones in the jar.

If any members would like to make any suggestions on any improvements they would like to see on the night, please let us know. We are always looking for feedback and ideas.



CHRISTMAS TREE FESTIVAL 2026

DECEMBER 2ND TO 6TH

This year's Bedford Christmas Tree Festival theme is "Christmas Carols & Songs." As usual, St Paul's Church will be transformed by at least 70 brightly lit Christmas trees, decorated by local community groups, schools, and businesses, while around 50 choirs are scheduled to perform across the festival's five days.

Over the past 26 years, the Festival has raised more than £250,000 for Bedford Hospital Charity & Friends and St Paul's Church. This has been made possible by more than 300 dedicated volunteers who help keep everything running smoothly. Bosom Pals sells raffle tickets and runs the café on Wednesdays and Fridays. We have supported the Festival for around 15 years as our way of thanking Bedford Hospital for its excellent Breast Care Service, as well as the Primrose Unit and the transport service to Addenbrooke's.

Many of you have already signed up to volunteer again this year, but we still need help selling raffle tickets on Thursday afternoon, 3 December, and on Saturday 5 and Sunday 6 December. We also need more café volunteers on Wednesday and Friday mornings. If you can help, please get in touch.

A huge thank you to everyone who has volunteered over the years, and to the many bakers who provide delicious homemade cakes for the café. The Festival would not be possible without such generous support. If you are unable to volunteer, please come along and support this much-loved start to the Christmas season in aid of two vital charities. Bring friends, enjoy refreshments, enter the competitions, and buy raffle tickets donated by our generous supporters.

Jean Davies

It has been agreed that Bosom Pals members will donate a hamper as a raffle prize at this year's Christmas Tree Festival as we have before.

A collection box will be available at the meetings if anyone would like to kindly donate money which will be used to purchase the items to fill it.

Margaret has kindly agreed to take on the task of buying the contents and putting it all together as she did last year. Must say it looked very good being displayed on the table behind where we sell the tickets.

EVENTS 2026

We are yet to finalise some details for the next few months however these are some of the things we are looking in to. More details to follow.

- AUGUST 20TH — Meeting in Mowsbury Park 1400 to 1600. Don't forget to bring a chair.
- SEPTEMBER 24TH—Members lunch at the Bedford Arms, Oakley MK43 7RH at 1230.
- 9TH DECEMBER — Christmas social evening — £2 for members, £4 for a guest payable beforehand either at a meeting, coffee meet-up at Gallones or by BACS. Details of how to pay by BACS are on page 13.

If anyone has any ideas then please let us know either by emailing
brendahart628@gmail.com or speaking to her at a meeting.

All ideas will be discussed by the committee



COFFEE MEET-UPS 2026

Gallones

Old Arcade Bedford



Dates for the coffee meet-ups as follows:-

Thursday 16th July - 1030 to 1200 Susan will be in attendance

August—no meet-up but as above. Coffee in the park 1400 to 1600.

Tuesday 15th September 1030am to 1200pm — Pauline in attendance

Wednesday 7th October 10.30am to 1200pm — Brenda in attendance

Friday 20th November 10.30am to 1200pm — Susan in attendance

We hope you can join us for a chat, and maybe an ice cream as well.

Suggestions and ideas are always welcome. Usually we ask you to drop them in the box at the meetings but at the moment please email Brenda.

brendahart628@gmail.com

All suggestions will be discussed with the committee.

If writing a cheque please make it payable to

Bosom Pals

Or you can pay into our account

Bosom Pals

Sort code 20—05—74

Bank account number 33505308

COMMITTEE CONTACTS

Name	Position	Phone No	Email
Denise Thorne	Chairperson	01234 771746	deniseandgeoffrey@gmail.com
Pauline Hooper	Treasurer	01234 350079	dphlely@btinternet.com
Brenda Hart	Social Secretary		brendahart628@gmail.com
Pauline Hooper	Programme Organiser	01234 350079	dphlely@btinternet.com
Margaret Church	Members Secretary	01234 305822	margaret.church46@hotmail.com
Di Gonse	LGFB Organiser and Secretary	01525 403172	
Susan Tomkins	Raffle		

Whilst Bosom Pals encourages the free exchange of ideas and information, the views expressed by individual speakers are the personal opinions of the speaker, and not necessarily the view of the Group or Bedford Hospital NHS Trust. You are advised to consult your normal health care professional before changing any current treatment regimes.

WHERE AND WHEN DO WE MEET UP?

TRANSFIGURATION CHURCH HALL

BEDFORD ROAD

KEMPSTON

BEDFORD

MK42 8BQ

COMMENCING AT 7.45pm UNTIL 9.45pm prompt

Hope to see you there

Your details are kept on our membership database for Bosom Pals Purposes only and are not passed onto any other organisation. Please remember to let us know if you change your contact details. If you wish your details to be removed from our database and if you no longer wish to receive "Tittle Tattle" please contact Denise Thorne, details above.

Data Protection—Articles submitted for inclusion in "Tittle Tattle" will appear on the Bosom Pals Website and may appear in other media sites.

BOSOM PALS MEETINGS - AUGUST 2026 to JANUARY 2027

12 August - this is a social evening playing "Crazy Bag Whist" for which members need to bring 3 unwrapped items in a bag with one being to the value of £1, another £1.50 and the third £2. Members will go home with 3 items the value of which will depend on the cards. Cake will be served with your tea/coffee

9 September - This should be another entertaining meeting when Evan Willison returns to give us some more "Tales from the Auction Room"



14 October - Richard Luscombe will be giving an illustrated talk on the History of Christmas at Wrest Park.

11 November - Another chance for members to participate in a evening of toe tapping and sing-along with the lovely Turf Tappers.

Please bring a female friend or 2 so that we have a good sized audience.



9 December - Christmas social at the Centenary Hall, Kempston, MK42 8BG to which members can bring a guest.



13 January 2027— Stephen Brown, Driving Instructor

*It's Hell on Wheels
being a Driving Instructor!*